

The Kirste 5 Memorial Race 2019 est. 2012

A Community Race, supported by Kirste's friends family with the help of local Clubs and running groups.

Ladies Results for 5 Mile Main Race Sunday 21st July 2019

POSITION			RACE NUMBER	TIME		
10	Lindsey	Colman	68	00:34:06	Female	Southend AC
24	Samantha	Cone	70	00:36:56	Female	Leigh on Sea Striders
36	Katie	Spicer	336	00:38:06	Female	Leigh on Sea Striders
39	Victoria	Wadley-Smith	362	00:38:23	Female	Leigh on Sea Striders
52	Kristina	Read	287	00:39:29	Female	Phoenix Striders
65	Natalija	Trestina	354	00:40:34	Female	Leigh on Sea Striders
67	Veronique	Dorothy	420	00:40:43	Female	
78	Fiona	Walker	368	00:41:59	Female	Leigh on Sea Striders
79	Rachel	Riggs	295	00:41:59	Female	Leigh on Sea Striders
80	Katherine	Goodchild	135	00:42:04	Female	
81	Lian	Simmonds	320	00:42:06	Female	RED Runners
83	Ali	Hayward	162	00:42:11	Female	JBR run & Tri
84	Rea	Evison	108	00:42:15	Female	Leigh on Sea Striders
88	Heidi juliet	Nevin	248	00:42:44	Female	Sarah's Running Ladies
96	Angela	Hall	417	00:43:49	Female	Benfleet RC
106	Charlotte	Killingback	193	00:44:21	Female	Pitsea RC
107	Zoe	Storrar	342	00:44:21	Female	Leigh on Sea Striders
111	Paula	Shrimpton	318	00:44:57	Female	
112	Diane	Beaver	21	00:45:07	Female	Hockley Trail Runners
113	Sarah	de Cristofano	87	00:45:17	Female	Benfleet RC
114	Elisha	Letley	210	00:45:18	Female	Leigh on Sea Striders
116	Tina	Reeve	289	00:45:25	Female	Leigh on Sea Striders
117	Carla	Nolan	251	00:45:26	Female	RED Runners
120	Charley	Lesslie	209	00:45:59	Female	Phoenix Striders
122	Jessica	Darby	82	00:46:11	Female	Fittology
123	Linda	Mountford	244	00:46:16	Female	Castle Point Joggers
124	Rachel	Wood	404	00:46:18	Female	Leigh on Sea Striders
129	Katie	Darby	81	00:47:04	Female	Fittology
130	Claire	Townley	353	00:47:07	Female	
131	Cheryl	Macdonald	213	00:47:11	Female	Pitsea RC
132	Jenni	Paterson	270	00:47:12	Female	Leigh on Sea Striders
133	Stacey	Payne	272	00:47:16	Female	Dengie 100 runners
137	Kerry	Slessor	325	00:47:41	Female	Leigh on Sea Striders
142	Catherine	Marriott	221	00:48:05	Female	Catherine Marriott
145	Zoe	Randall	285	00:48:21	Female	Fitbugs
147	Jo	Pearce	273	00:48:36	Female	Pitsea RC
148	Angela	Smith	327	00:48:37	Female	Pitsea RC

POSITION			RACE NUMBER	TIME		
152	Helena	O'Connell	255	00:49:25	Female	Leigh on Sea Striders
155	Nicola	Lennox	208	00:49:39	Female	
159	Amanda	Finch	114	00:49:56	Female	Leigh on Sea Striders
161	Lorraine	Heal	164	00:50:15	Female	Castle Point Joggers
162	Lisa	Westwick	384	00:50:19	Female	Leigh on Sea Striders
163	Amanda	Bradfield	36	00:50:21	Female	
165	Laura	Sutton	345	00:50:37	Female	Leigh on Sea Striders
166	Valerie	Sinclair	322	00:50:40	Female	Pitsea RC
167	Hayley	Waggon	364	00:50:46	Female	Rayleigh RAT Runners
168	Katherine	Forster	120	00:50:49	Female	Rayleigh RAT Runners
170	Roxanne	Harvey	158	00:50:55	Female	
172	Jo-Anne	Hall	147	00:51:00	Female	Leigh on Sea Striders
173	Michelle	Hope	175	00:51:01	Female	Pitsea RC
175	Jacqui	Knowles	201	00:51:08	Female	Rochford Running Club
176	Emma	Marston	222	00:51:08	Female	Hadleigh Allsorts
179	Vivienne	Churnside	58	00:51:23	Female	
180	Hannah	Brown	39	00:51:30	Female	Hockley Trail Runners
181	Jo	McNeilly	232	00:51:32	Female	Castle Point Joggers
182	Debbie	Harper	150	00:51:33	Female	Castle Point Joggers
183	Alison	Dunn	99	00:51:39	Female	Leigh on Sea Striders
184	Tracy	Rodd	301	00:51:43	Female	JBR run & Tri
186	Louise	Hart	154	00:51:48	Female	Dengie 100 runners
189	Louisa	Garlick	126	00:51:56	Female	
190	Laura	Williams	397	00:51:58	Female	
191	Juliet	Milne	240	00:52:11	Female	Rayleigh RAT Runners
193	Dawn	Hart	156	00:52:24	Female	Hockley Trail Runners
196	Rachel	Scott Yates	311	00:52:30	Female	Hockley Trail Runners
199	Lynn	Rivers	296	00:53:01	Female	Leigh on Sea Striders
202	Emma	Warrington	373	00:53:11	Female	Hadleigh Allsorts
204	Dee	Mimms	241	00:53:14	Female	Rayleigh RAT Runners
205	Jacky	Fisher	115	00:53:16	Female	Fittology
206	Amanda	Skeggs	324	00:53:19	Female	Castle Point Joggers
209	Elaine	Oddie	256	00:54:06	Female	
210	Catherine	Patterson	271	00:54:07	Female	Leigh on Sea Striders
211	Emma	Conroy	71	00:54:14	Female	
212	Nicola	Hawkins	160	00:54:14	Female	Phoenix Striders
213	Janet	Head	163	00:54:35	Female	Pitsea RC
216	Susan	Vine	360	00:54:55	Female	Phoenix Striders
217	Tracey	Barraclough	15	00:54:58	Female	Rayleigh RAT Runners
219	Hannah	Mickleburgh-Gardh	236	00:55:13	Female	Benfleet RC
220	Caroline	Soutar	333	00:55:21	Female	
223	Donna	Foote	118	00:55:33	Female	
224	Ellen	McPhillips	233	00:55:34	Female	Leigh on Sea Striders
225	Jenny	Wheals	385	00:55:40	Female	Rayleigh RAT Runners

POSITION			RACE NUMBER	TIME		
227	Hayley	Kilminster	194	00:55:52	Female	
228	Emma	Brind	37	00:55:52	Female	
229	Laura	Hicks	414	00:55:53	Female	Leigh on Sea Striders
230	Jessica	Francis	122	00:55:54	Female	
232	Julie	Haslett	159	00:55:57	Female	Leigh on Sea Striders
233	Judith	Beehag-Fisher	24	00:56:01	Female	Rochford Running Club
235	Carole	Westley	383	00:56:15	Female	Hockley Trail Runners
238	Wendy	Lammin	204	00:56:47	Female	
239	Julie	Burns	44	00:56:48	Female	Essex Ladies Running Club
241	Clare	Barham	12	00:56:51	Female	
242	Joanne	Reeves	290	00:57:20	Female	Castle Point Joggers
243	Marnie	Bowling	34	00:57:37	Female	Rochford Running Club (Walker)
245	Carly	Badland	7	00:57:47	Female	Rochford Running Club
246	Francesca	Newell	249	00:58:00	Female	Rochford Running Club
247	Jenny	Bishop	30	00:58:04	Female	RED Runners
249	Caitlin	Gillard	131	00:58:10	Female	Leigh on Sea Striders
250	Karen	Callow	50	00:58:11	Female	Leigh on Sea Striders
251	Megan	Koprash	202	00:58:32	Female	
252	Clare	Clark	61	00:58:35	Female	
253	Kay	Gill	130	00:58:41	Female	Castle Point Joggers
256	Helen	Baker	8	00:58:51	Female	Essex Ladies Running Club
257	Jenny	Packer	261	00:58:52	Female	Hockley Trail Runners
258	Claire	Panther	262	00:58:53	Female	Hockley Trail Runners
259	Lisa	Wilson	400	00:58:55	Female	Rochford Running Club
260	Cheryl	Wilson	401	00:58:56	Female	Pitsea RC
261	Sara	Omer	258	00:58:57	Female	Pitsea RC
262	Charlotte	Bell	26	00:59:08	Female	
263	Lynne	Barrett	16	00:59:23	Female	
264	Melanie	Panting	264	00:59:24	Female	(Walker)
265	Zoe	William	393	00:59:38	Female	Leigh on Sea Striders
269	Liz	Jackaman	181	01:00:00	Female	
270	Eleanor	King	195	01:00:02	Female	Friends and Family
272	Claire	Rainbird	283	01:00:11	Female	Castle Point Joggers
274	Lisa	Causton	54	01:00:14	Female	Flyers Southend
276	Fiona	Baker	10	01:00:25	Female	Flyers Southend
277	Jacqueline	Patching	268	01:00:29	Female	Rayleigh RAT Runners
278	Sarah	Patching	269	01:00:30	Female	
279	Julie	Basher	17	01:00:38	Female	
280	Gabby	Atling	4	01:01:00	Female	Hockley Trail Runners
281	Natalie	Lewis	211	01:01:02	Female	Leigh on Sea Striders
283	Laura	Dawson	86	01:01:23	Female	Hockley Trail Runners
288	Sally	Rothwell	302	01:01:45	Female	Flyers Southend
289	Jessica	Ellis	104	01:01:46	Female	Leigh on Sea Striders
290	Gillian	Victory	359	01:01:54	Female	Castle Point Joggers

POSITION			RACE NUMBER	TIME		
291	Beverley	Newman	250	01:01:54	Female	Castle Point Joggers
294	Angela	Hopkins	176	01:01:56	Female	Dengie 100 runners
295	Louise	Clark	63	01:01:58	Female	(Walker)
296	Carrie	Bond	32	01:01:59	Female	
298	Lesley	Edbrook	101	01:02:18	Female	Rochford Running Club
299	Stacey	Robison	298	01:02:42	Female	
300	Samantha	Evans	107	01:02:56	Female	Castle Point Joggers
301	Keri	Rungay	304	01:03:02	Female	Fittology
302	Terry	Robison	299	01:03:12	Female	
303	Faatemah-Z	Piperdy	277	01:03:36	Female	Pitsea RC
304	Suzanne	Figgins	113	01:03:36	Female	Pitsea RC
306	Dawn	Gould	138	01:03:37	Female	
308	Sarah	Walsh	369	01:03:47	Female	
309	Alison	Applin	2	01:04:23	Female	
310	Catherine	Stevens	340	01:04:42	Female	
312	Angela	Smith	329	01:05:12	Female	
313	Joanna	Davis	84	01:05:15	Female	
314	Nadine	Birtles	29	01:05:16	Female	Rea's Recruits
315	Linda	Coombe	73	01:05:26	Female	Flyers Southend
316	Jodie	Sharp	313	01:05:27	Female	Rochford Running Club
317	Lorraine	Brown	40	01:05:41	Female	Rochford Running Club
318	Janet	Clifford	66	01:05:43	Female	Castle Point Joggers
319	suzy	Smith	331	01:05:44	Female	
321	Tina	Terry	349	01:05:50	Female	Hockley Trail Runners
322	Cheryl	Southam	334	01:05:51	Female	Hockley Trail Runners
323	Sian	Priestley	280	01:05:52	Female	Hockley Trail Runners
324	Julie	Stokes	341	01:06:21	Female	Leigh on Sea Striders
325	Angela	Cowell	78	01:06:28	Female	Flyers Southend
327	Paz	Casado	53	01:06:47	Female	Dengie 100 runners
328	Pam	Murdoch	247	01:06:48	Female	Rayleigh RAT Runners
332	Celine	Delgrange	90	01:08:06	Female	Celine Delgrange
333	Dawan	Chuithong	57	01:08:07	Female	Flyers Southend
335	Katy	Duddridge	98	01:08:08	Female	Flyers Southend
336	Anna	Prowse	281	01:08:08	Female	Flyers Southend
337	Emily	Maynard	224	01:08:46	Female	Flyers Southend
338	Debbie	Daws	85	01:08:46	Female	Flyers Southend
340	Louise	McDonnell	228	01:09:57	Female	Ashford Striders
341	Katie	Iggulden	180	01:09:58	Female	Ashford Striders
343	Catherine	Sims	321	01:10:54	Female	Rochford Running Club
344	Paula	Hinds	169	01:11:12	Female	
345	Emma	Baldwin	425	01:11:13	Female	
346	Joanna	Welsh	379	01:11:14	Female	Flyers Southend
348	Jo	Trower	355	01:11:31	Female	Fittology
349	Dee	Meech	235	01:11:36	Female	Fittology

POSITION			RACE NUMBER	TIME		
350	Clair	Medhurst	234	01:11:47	Female	Rochford Running Club
351	Kerry	Ematt	422	01:12:16	Female	
352	Marilyn	Whittington	389	01:14:17	Female	Rochford Running Club
353	Lauren	Whittington	388	01:14:18	Female	Rochford Running Club
354	Judith	Beehag-Fisher	23	01:14:42	Female	Rochford Running Club
355	Julie	Aldridge	1	01:15:01	Female	Flyers Southend
356	Tina	Boswell	33	01:15:01	Female	Flyers Southend
357	Sharon	Maker	215	01:15:02	Female	Flyers Southend (Walker)
358	Pam	Felton	111	01:15:02	Female	Flyers Southend
359	Emma	Jackson	182	01:15:40	Female	Flyers Southend
360	Paula	Young	410	01:15:41	Female	Flyers Southend
361	Karen	Drew	97	01:15:53	Female	Flyers Southend
362	Bridgett	Dowdy	95	01:16:03	Female	Flyers Southend
363	Lin	Taylor	348	01:16:04	Female	Flyers Southend
364	Julie	Healey	165	01:17:05	Female	Phoenix Striders
365	Carole	Vinicombe	361	01:17:05	Female	Phoenix Striders
366	Donna	Cresswell	80	01:17:06	Female	Phoenix Striders
367	Margaret	Holland	173	01:17:26	Female	
371	Vivienne	Willet	392	01:24:29	Female	Benfleet RC
372	Kelly	Woulds	407	01:26:16	Female	Rochford Running Club
375	Lisa	Bennett	27	01:33:20	Female	Rochford Running Club
376	Tina	Cramp	79	01:33:21	Female	Rochford Running Club
377	Zoe	Scarpa	308	01:44:35	Female	
378	Sophie	Glen	133	01:44:57	Female	Rayleigh RAT Runners TAILWALKER