

Kirste 5 Results 2015

Position	Race Number	Time (hh:mm:ss)	Competitor	Team	Gender
1	240	00:29:31	Gareth WILLIAMS		Male
2	278	00:29:42	Liviu IONITA	BARKING ROAD RUNNERS	Male
3	223	00:31:21	Neil SPICER	LEIGH-ON-SEA STRIDERS	Male
4	271	00:31:59	Eddy COOPER	BENFLEET RUNNING CLUB	Male
5	288	00:32:45	Callum LIASI	BENFLEET RUNNING CLUB	Male
6	24	00:32:49	Dan SLAYFORD	THE HIGH FLYERS	Male
7	143	00:33:31	Sean MCFARLANE	THE HIGH FLYERS	Male
8	250	00:34:01	Lindsey COLMAN	ROCHFORD RUNNING CLUB	Female
9	164	00:34:16	Adam SHAW	ROCHFORD RUNNING CLUB	Male
10	210	00:34:32	Richard BONHAM	CASTLE POINT JOGGERS	Male
11	69	00:34:44	Elliott CONE	THE HIGH FLYERS	Male
12	171	00:34:46	Dervish BARTLETT	BARKING ROAD RUNNERS	Male
13	243	00:35:05	Danny FLINT	LEIGH-ON-SEA STRIDERS	Male
14	111	00:35:31	Andrew COOMBES	SOUTHEND AC	Male
15	255	00:35:41	Philip ELLUL	BARKING ROAD RUNNERS	Male
16	39	00:35:41	Cliff KING	CASTLE POINT JOGGERS	Male
17	220	00:35:45	Robert BURNS	LEIGH-ON-SEA STRIDERS	Male
18	258	00:35:45	Alan MONTE	SOUTHEND AC	Male
19	224	00:35:50	Adam POULTON	CASTLE POINT JOGGERS	Male
20	33	00:36:02	Tracy BARTLETT	LEIGH-ON-SEA STRIDERS	Female
21	179	00:36:06	Vicky COOPER	BARKING ROAD RUNNERS	Female
22	35	00:36:20	John SWEENEY	CASTLE POINT JOGGERS	Male
23	162	00:36:36	Rick WADE	CASTLE POINT JOGGERS	Male
24	262	00:36:57	Diarmuid MACDONNELL	BARKING ROAD RUNNERS	Male
25	106	00:37:06	Graham GROUT	BRISTOL & WEST AC	Male
26	43	00:37:06	Paul HEARD	THE FREQUENT FLYERS	Male
27	270	00:37:06	Martin ENGLAND		Male
28	27	00:37:14	Graham PURDHAM	THE HIGH FLYERS	Male
29	302	00:37:31	Scott THRUSH		Male
30	217	00:37:31	Anne JENKINSON	SOUTHEND AC	Female
31	154	00:37:39	Todd HARDING	ESSEX LADIES RUNNING CLUB	Male
32	84	00:37:44	Jon BEAN		Male
33	40	00:37:53	Jason MITCHELL	THE HIGH FLYERS	Male
34	100	00:37:55	Niki READ	LEIGH-ON-SEA STRIDERS	Male
35	51	00:38:03	Simon WAGSTAFF	RAYLEIGH ROAD RUNNERS	Male
36	282	00:38:05	Gary BROWN		Male
37	222	00:38:08	Katie SPICER	LEIGH-ON-SEA STRIDERS	Female
38	155	00:38:14	Stephen KIRSH		Male
39	120	00:38:29	Antony LECKERMAN	BARKING ROAD RUNNERS	Male
40	218	00:38:30	Mike HOPKINS	CASTLE POINT JOGGERS	Male
41	265	00:38:39	John NELSON		Male
42	135	00:38:41	James BOWKER	ROCHFORD RUNNING CLUB	Male
43	211	00:38:44	Ronald VIALLS	BARKING ROAD RUNNERS	Male
44	209	00:38:53	Rebecca GILL	EAST ESSEX TRIATHLON CLUB	Female
45	23	00:38:55	Clive SLAYFORD	THE FLYING COLOURS	Male
46	129	00:39:09	Lloyd RICHARDSON	THE HIGH FLYERS	Male
47	65	00:39:28	Alex THORNTON	THE HIGH FLYERS	Male
48	259	00:39:34	Nathan THORNTON	THE FLYING CIRCUS	Male
49	235	00:39:36	Richard VERNON	ROCHFORD RUNNING CLUB	Male
50	86	00:39:48	Martin PAGE	BARKING ROAD RUNNERS	Male
51	189	00:39:53	Peter WRIGHT	THE FREQUENT FLYERS	Male
52	261	00:40:12	Gareth TUCKER	BARKING ROAD RUNNERS	Male
53	279	00:40:15	Brian BUTCHER	MID ESSEX CASUALS	Male

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Position	Race Number	Time (hh:mm:ss)	Competitor	Team	Gender
54	254	00:40:18	Monique DOIG		Female
55	241	00:40:49	Andy BUSH		Male
56	73	00:41:12	Aaron HEARD	HALSTEAD ROAD RUNNERS	Male
57	122	00:41:17	Martin SALISBURY		Male
58	140	00:41:18	Michael GREENSLADE	TAILRUNNERS	Male
59	41	00:41:20	Amanda STEVENS	THE FLYING COLOURS	Female
60	124	00:41:20	Andy LEAN		Male
61	158	00:41:29	Ellie KIMBER	LEIGH-ON-SEA STRIDERS	Female
62	285	00:41:34	Mark NORTON		Male
63	272	00:41:34	Daniel DOBBS		Male
64	215	00:41:57	Caroline LEVY	THE FREQUENT FLYERS	Female
65	184	00:42:02	James RUSSELL	PITSEA RUNNING CLUB	Male
66	176	00:42:04	Andrew GWILLIAM	BARKING ROAD RUNNERS	Male
67	180	00:42:08	Keith ELGAR		Male
68	196	00:42:12	Kieron CHAPMAN	BARKING ROAD RUNNERS	Male
69	114	00:42:16	Ian HART	CASTLE POINT JOGGERS	Male
70	188	00:42:16	Kealey WRIGHT	THE HIGH FLYERS	Female
71	37	00:42:22	Josanne ELL	THE HIGH FLYERS	Female
72	148	00:42:24	Samantha PICKETT	ROCHFORD RUNNING CLUB	Female
73	75	00:42:31	Kev MAGUIRE	THE FREQUENT FLYERS	Male
74	277	00:42:36	Heidi NEVIN		Female
75	18	00:42:40	Mark HARDING		Male
76	214	00:42:46	Scotty BRENTON	THE FREQUENT FLYERS	Male
77	21	00:42:58	Martyn MCKEAN	ROCHFORD RUNNING CLUB	Male
78	137	00:43:16	Ann IVES		Female
79	159	00:43:19	David WARD	LEIGH-ON-SEA STRIDERS	Male
80	16	00:43:21	Ali HAYWARD	ESSEX LADIES RUNNING CLUB	Female
81	297	00:43:26	Steve RAY		Male
82	253	00:43:31	Dennis SHERWOOD	SPRINGFIELD STRIDERS	Male
83	76	00:43:33	Michelle MELVILLE	LEIGH-ON-SEA STRIDERS	Female
84	199	00:43:35	Mark ROBERTSON	ROCHFORD RUNNING CLUB	Male
85	246	00:43:41	Neil HATTON	ROCHFORD RUNNING CLUB	Male
86	177	00:43:41	Lorraine MITCHELL	LEIGH-ON-SEA STRIDERS	Female
87	126	00:43:44	Sam LOVELL	THE FREQUENT FLYERS	Male
88	82	00:43:53	Alain COOPER	BARKING ROAD RUNNERS	Male
89	274	00:43:56	Johnny CHAPMAN		Male
90	242	00:44:12	Mike HAYWARD	CASTLE POINT JOGGERS	Male
91	226	00:44:17	James WEBB	FITTOLOGY	Male
92	203	00:44:23	Steve HALL		Male
93	292	00:44:23	Nick VICKERY		Male
94	264	00:44:31	Jordan LACEY	SOUTHEND AC	Female
95	287	00:44:43	Charlotte WRIGHT		Female
96	206	00:44:43	Hugh LOVETT	THE FREQUENT FLYERS	Male
97	225	00:44:48	Gail ALEXANDER	LEIGH-ON-SEA STRIDERS	Female
98	131	00:44:54	Kirsha MASON	LEIGH-ON-SEA STRIDERS	Female
99	294	00:44:59	Michelle EVANS	ROCHFORD RUNNING CLUB	Female
100	228	00:45:01	Benjamin WELLS	BARKING ROAD RUNNERS	Male
101	116	00:45:08	Jason GOODMAN		Male
102	167	00:45:10	Kylie LOCKE		Female
103	108	00:45:25	Jim LEANEY	HALSTEAD ROAD RUNNERS	Male
104	14	00:45:34	Sue CRIBBS	ESSEX LADIES RUNNING CLUB	Female
105	219	00:45:35	John MCAVOY		Male
106	161	00:45:38	Alan STOPHER	REBEL RUNNERS MEDWAY	Male

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Position	Race Number	Time (hh:mm:ss)	Competitor	Team	Gender
107	136	00:45:40	Cheryl MACDONALD	THE FLYING STARTS	Female
108	268	00:45:54	Paul CUDBY		Male
109	50	00:45:57	Lisa WESTWICK	LEIGH-ON-SEA STRIDERS	Female
110	193	00:46:02	Eleanor CARMICHAEL	LEIGH-ON-SEA STRIDERS	Female
111	185	00:46:31	Colin DUNN	THE FLYING STARTS	Male
112	107	00:46:31	Elisha LETLEY	LEIGH-ON-SEA STRIDERS	Female
113	61	00:46:43	Collette FRAMPTON	SOUTHEND AC	Female
114	29	00:46:46	Theresa HOWE	PITSEA RUNNING CLUB	Female
115	141	00:47:00	Suzanne CASTLE	DAGENHAM 88 RUNNERS	Female
116	284	00:47:02	Matt DEBENHAM		Male
117	245	00:47:06	Helena STONE		Female
118	239	00:47:11	Kairen HART		Female
119	166	00:47:14	Christopher PARKER	THE FLYING COLOURS	Male
120	157	00:47:17	Gary WALSH	LEIGH-ON-SEA STRIDERS	Male
121	133	00:47:20	Mark ARMITAGE	LEIGH-ON-SEA STRIDERS	Male
122	13	00:47:50	Andrina HILTON		Female
123	208	00:47:54	Debbie MOWLE	ROCHFORD RUNNING CLUB	Female
124	286	00:47:57	Peter CHAPLIN		Male
125	221	00:47:57	Jacqui KNOWLES	ROCHFORD RUNNING CLUB	Female
126	275	00:48:00	Carol DRAKE	LEIGH-ON-SEA STRIDERS	Female
127	85	00:48:00	Denise REDBURN	LEIGH-ON-SEA STRIDERS	Female
128	91	00:48:04	Teresa Jane FLANNIGAN		Female
129	251	00:48:10	Victoria WALKER	FITTOLOGY	Female
130	296	00:48:12	Rory STONE		Male
131	273	00:48:12	Lily TURNER		Female
132	12	00:48:26	Diane PARSONS	BARKING ROAD RUNNERS	Female
133	64	00:48:34	Rachael THORNTON	THE FREQUENT FLYERS	Female
134	183	00:48:37	Lynn RIVERS	LEIGH-ON-SEA STRIDERS	Female
135	197	00:48:37	Robert COURTIER	BARKING ROAD RUNNERS	Male
136	70	00:48:43	Richard PRYOR	THE FREQUENT FLYERS	Male
137	202	00:48:43	Jack TOZER		Male
138	198	00:48:53	Nikki CRANMER	BARKING ROAD RUNNERS	Female
139	175	00:49:04	Alison FRYATT	BARKING ROAD RUNNERS	Female
140	248	00:49:11	Jenni PATERSON	LEIGH-ON-SEA STRIDERS	Female
141	213	00:49:20	Martin PARISH	THE FLYING COLOURS	Male
142	26	00:49:27	Anne PURDHAM	THE FLYING COLOURS	Female
143	237	00:49:34	Helen SKINNER		Female
144	186	00:49:34	Debbie DUNN		Female
145	121	00:49:38	Tim KETTERER	LEIGH-ON-SEA STRIDERS	Male
146	127	00:49:48	Catherine PATTERSON	LEIGH-ON-SEA STRIDERS	Female
147	46	00:49:52	Emma WARRINGTON		Female
148	115	00:49:54	Theresa PHILIPS	LEIGH-ON-SEA STRIDERS	Female
149	72	00:49:54	Matt CAMPBELL-CARR	LEIGH-ON-SEA STRIDERS	Male
150	123	00:49:56	Neil CORNELIUS		Male
151	34	00:50:12	Karen SWEENEY	CASTLE POINT JOGGERS	Female
152	295	00:50:14	Nicola HAWKINS		Female
153	109	00:50:15	Judith CLARK	ROCHFORD RUNNING CLUB	Female
154	96	00:50:17	Michael SCOTT		Male
155	28	00:50:18	Keely SINCLAIR	ROCHFORD RUNNING CLUB	Female
156	252	00:50:31	Victoria WILSON		Female
157	117	00:50:41	Patrick WATERS	CASTLE POINT JOGGERS	Male
158	201	00:50:43	Mark TOZER		Male
159	110	00:50:45	Samantha COOMBES	SOUTHEND AC	Female

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Position	Race Number	Time (hh:mm:ss)	Competitor	Team	Gender
160	25	00:50:54	Victoria IRVINE	THE FLYING STARTS	Female
161	19	00:50:54	Jo HARDING		Female
162	52	00:51:06	Susan MEREDITH	ROCHFORD RUNNING CLUB	Female
163	230	00:51:10	Hayley BLACK	SUPER HERO MUMS	Female
164	247	00:51:14	Andy FISHER	FITTOLOGY	Male
165	88	00:51:22	Janette REED		Female
166	266	00:51:25	Adam MEEKINGS		Male
167	170	00:51:25	Eleanor TINGEY		Female
168	301	00:51:28	Joy LEADER	PHOENIX STRIDERS	Female
169	236	00:51:32	Nigel POINTER	THE FLYING STARTS	Male
170	238	00:51:32	Andrew CHAPLIN	THE FLYING STARTS	Male
171	207	00:51:32	Joanne COLE	THE FLYING COLOURS	Female
172	190	00:51:32	Kerry SLESSER	LEIGH-ON-SEA STRIDERS	Female
173	181	00:51:39	Laura MCHUGH	LEIGH-ON-SEA STRIDERS	Female
174	95	00:51:47	Dennis SPENCER-PERKINS	BARKING ROAD RUNNERS	Male
175	44	00:51:56	Sally NEWMAN-RUSSELL	SOUTHEND AC	Female
176	152	00:52:00	Amanda FINCH	LEIGH-ON-SEA STRIDERS	Female
177	298	00:52:20	Ellen MCPHILLIPS		Female
178	104	00:52:28	Mark BENHAM	THE FREQUENT FLYERS	Male
179	103	00:52:28	Nicki BENHAM	THE FLYING COLOURS	Female
180	77	00:52:55	Karen MELVILLE	ROCHFORD RUNNING CLUB	Female
181	81	00:53:09	Catherine CAMPEN	DAGENHAM 88 RUNNERS	Female
182	149	00:53:11	Liz JACKAMAN	CASTLE POINT JOGGERS	Female
183	283	00:53:24	Jan STEED		Female
184	300	00:53:41	Kirsten WOODGATE		Female
185	146	00:54:00	Rebecca PEAKE	THE FLYING STARTS	Female
186	74	00:54:09	Gary HEARD		Male
187	105	00:54:12	Pippa REEVE	ESSEX LADIES RUNNING CLUB	Female
188	249	00:54:12	Lisa MOTT	ESSEX LADIES	Female
189	20	00:54:51	Vicky BENSTEAD	ESSEX LADIES RUNNING CLUB	Female
190	17	00:54:51	Kate CLARKE		Female
191	145	00:55:01	Richard FARR	THE FLYING STARTS	Male
192	144	00:55:14	Stacey ROBISON	ROCHFORD RUNNING CLUB	Female
193	290	00:55:21	Leanne WEBB		Female
194	231	00:55:45	Claire TWIDELL	ROCHFORD RUNNING CLUB	Female
195	87	00:55:50	Christopher REES	ESSEX LADIES RUNNING CLUB	Male
196	276	00:55:52	Philip ASHLEY (BIG PHIL)		Male
197	10	00:56:24	Will SCHWER	FELIXSTOWE RRC	Male
198	78	00:56:27	Sarah CLIFTON		Female
199	60	00:56:27	Clare STANBROOK-EVANS		Female
200	233	00:56:39	Jenny WICKER	ROCHFORD RUNNING CLUB	Female
201	293	00:56:51	Sarah VICKERY		Female
202	267	00:56:59	Roy JONES	CASTLE POINT JOGGERS	Male
203	163	00:57:14	Terry ROBISON		Female
204	234	00:57:28	Laura POTTLE	ROCHFORD RUNNING CLUB	Female
205	168	00:57:30	Catherine O'KEEFFE	THE FLYING STARTS	Female
206	38	00:57:45	Martin WATSON	CASTLE POINT JOGGERS	Male
207	130	00:58:06	Donna RICHARDSON	THE FLYING COLOURS	Female
208	165	00:58:06	Kevin HUGHES	THE FLYING STARTS	Male
209	204	00:58:06	Karen LIESCHING-SCHRODER	THE FLYING COLOURS	Female
210	67	00:58:06	Jacky HALLS	THE FLYING STARTS	Female
211	119	00:58:18	Keith PASSINGHAM	THE FLYING COLOURS	Male
212	187	00:58:47	Sherry FULLER	THE FLYING CIRCUS	Female

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Position	Race Number	Time (hh:mm:ss)	Competitor	Team	Gender
213	194	00:59:08	Michael BALL	BARKING ROAD RUNNERS	Male
214	151	00:59:10	Rosanne ADAMS		Female
215	178	00:59:17	Donna FOOTE	LEIGH-ON-SEA STRIDERS	Female
216	153	00:59:22	Gemma COLLING		Female
217	42	00:59:29	Georgina MCMASTERS	LEIGH-ON-SEA STRIDERS	Female
218	150	00:59:33	Andy DRAKE		Male
219	48	00:59:33	Debra CATT	ROCHFORD RUNNING CLUB	Female
220	291	00:59:36	Karen LIASI		Female
221	62	00:59:36	Claire KEECH	DAGENHAM 88 RUNNERS	Female
222	63	00:59:36	Michael LINSTEAD	DAGENHAM 88 RUNNERS	Male
223	191	00:59:38	Angela SMITH	PITSEA RUNNING CLUB	Female
224	93	00:59:55	Hannah SMITH	SOUTHEND AC	Female
225	92	00:59:55	Mick SMITH	SOUTHEND AC	Male
226	142	01:00:04	Stephen EASLEY	DAGENHAM 88 RUNNERS	Male
227	89	01:00:37	Angela Page		Female
228	99	01:00:37	Helen BAKER	ESSEX LADIES RUNNING CLUB	Female
229	260	01:00:40	Juliette MCMURTRIE		Female
230	139	01:00:41	Melissa GALBALLY		Female
231	55	01:00:41	Paula SUTTON		Female
232	47	01:00:50	Debby LINCOLN		Female
233	244	01:00:52	Eloise HEWITT		Female
234	56	01:02:07	Nicola O'CONNOR		Female
235	66	01:02:09	Lorraine SCOTT	DAGENHAM 88 RUNNERS	Female
236	257	01:02:11	Heather BOOTY		Female
237	263	01:02:25	Jayne HAYWARD	CASTLE POINT JOGGERS	Female
238	32	01:03:05	Laura KIRBY		Female
239	972	01:03:05	Maria BARTLETT		Female
240	973	01:03:05	Lisa MAUGHAN		Female
241	950	01:03:16	Chris ANASTASI		Male
242	68	01:03:51	Gillian LOVETT	THE FLYING CIRCUS	Female
243	281	01:03:51	Mark MCQUADE		Male
244	280	01:04:31	Penny MCQUADE		Female
245	216	01:04:41	Michelle ROBERTS	LEIGH-ON-SEA STRIDERS	Female
246	31	01:05:21	Richard STOKES		Male
247	229	01:06:02	Angela MITCHELL	ROCHFORD RUNNING CLUB	Female
248	54	01:06:02	Cris THOMAS		Female
249	53	01:06:12	Julia TANNER		Female
250	30	01:06:36	Charlotte DANES	ROCHFORD RUNNING CLUB	Female
251	256	01:06:40	Bob CARTER	SWANLEY ADC	Male
252	299	01:06:46	Chris PHILLIPS		Male
253	59	01:06:49	Lawrence WITTE		Male
254	138	01:08:22	Sharon HARRISON		Female
255	83	01:08:52	Liz SANDERSON		Female
256	40	01:10:08	Catherine GIBSON	ROCHFORD RUNNING CLUB	Female
257	269	01:10:21	William METCALFE	DAGENHAM 88 RUNNERS	Male
258	57	01:11:25	Kim WAGSTAFF	RAYLEIGH ROAD RUNNERS	Female
259	212	01:11:39	Emma MEAD		Female
260	11	01:11:39	Daniel BENWELL	ROCHFORD RUNNING CLUB	Male
261	128	01:11:39	Dee BENWELL		Female
262	98	01:15:48	Kathy SHORE	THE FLYING CIRCUS	Female
263	205	01:15:48	Terry COKER	THE FLYING CIRCUS	Male
264	113	01:15:48	Carol ELLIS	THE FLYING CIRCUS	Female
265	71	01:15:48	Tina BOSWELL	THE FLYING CIRCUS	Female

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Position	Race Number	Time (hh:mm:ss)	Competitor	Team	Gender
266	118	01:15:48	Lin TAYLOR	THE FLYING CIRCUS	Female
267	22	01:15:48	Maggie CAMPBELL-FREEMAN	THE FLYING CIRCUS	Female
268	192	01:15:48	Peter FREEMAN	THE FLYING CIRCUS	Male
269	941	01:15:48	Jenny BAILEY		Female