

The Kirste 5 Memorial Race

incorporating the Kirste 3k Junior / Fun Run

"When it's all over, it's not who you were. It's whether you made a difference."

29th July 2012

Grove Wood Primary School, Grove Road, Rayleigh, SS6 8UA.

UKA Permit Number 2012-104313

RESULTS

www.BenfleetRunningClub.com/Kirste

1	0:29:43	CLUTTERBUCK, Dale	Basildon	216	1
2	0:31:37	BRIGGS, Michael	Benfleet RC	26	2
3	0:32:42	WOOD, David		247	3
4	0:33:24	MOORE, Stephen	Springfield Striders	22	4
5	0:34:22	BYFORD, Jon		148	5
6	0:34:43	HYDE, Tony	Ilford AC	105	6
7	0:34:48	JACKAMAN, Paul		239	7
8	0:35:16	SHAH, Ashwin	Grange Farm Dunmow Runners	208	8
9	0:35:18	KARWSKOS, Peter		258	9
10	0:35:25	HOLLAND, Kerry		253	10
11	0:35:32	MILES, Lloyd		248	11
12	0:36:01	HENDERSON, Paul	East Essex Triathlon Club	103	12
13	0:36:02	MONTE, Alan	Southend AC	222	13
14	0:36:05	CHAPMAN, Adam		242	14
15	0:36:23	BURNS, Rob	Leigh-on-Sea Striders	206	15
16	0:36:41	WATSON, Peter	Benfleet RC	252	16
17	0:37:02	MANGHAM, Richard	Leigh-on-Sea Striders	77	17
18	0:37:15	JEFFERY, Sarah	Southend AC	168	18
19	0:37:15	THOR-STRATEN, Ian		263	19
20	0:37:21	FLANNIGAN, Rachel	Pitsea Running Club	25	20
21	0:37:25	REDMAN, Dave		266	21
22	0:37:46	LEECHRISL, Chris		245	22
23	0:38:02	LAGDEN, Natasha	Southend AC	246	23
24	0:38:02	LACEY, Jordan	Southend AC	243	24
25	0:38:07	THRALE, Daniel		190	25
26	0:38:16	BROOKS, Ray	East Essex Triathlon Club	27	26
27	0:38:32	MULLEY, Dave		94	27
28	0:38:44	HARRIS, James	Benfleet RC	301	28
29	0:38:52	BAYNTON, Lee	East Essex Triathlon Club	205	29
30	0:39:09	HIPKINS, Cherie	Great Bentley Running Club	112	30
31	0:39:26	JOSEPH, David		231	31
32	0:39:31	GOAD, Ryan		161	32

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33	0:39:32	EVISON, Rea		51	33
34	0:40:08	WILLS, Stephen		169	34
35	0:40:09	BRIDGEMAN, Chris		143	35
36	0:40:11	MATHERS, Vanessa	Southend AC	150	36
37	0:40:17	BROWN, Janice	East Essex Triathlon Club	139	37
38	0:40:23	BUTCHER, Brian	Mid Essex Casuals	264	38
39	0:40:35	BOLTON, Jeff		214	39
40	0:40:38	BARR, Jonathan		141	40
41	0:40:43	BATES, Dean		156	41
42	0:40:57	GRAY, Benjamin		21	42
43	0:40:59	KOSTRYKA-ALLCHORNE, Kasia		201	43
44	0:41:00	LUCY, Joe		196	44
45	0:41:26	GALBALLY, Ross		122	45
46	0:41:41	HILL, Garry		35	46
47	0:41:47	HILL, Zac		36	47
48	0:41:49	HALLAM, Neil	Southend AC	229	48
49	0:41:49	STREET, Philip		211	49
50	0:41:54	McINERNEY, Paul		63	50
51	0:42:32	DOROTHY, Veronique		221	51
52	0:42:37	ROBINSON, Tom	Benfleet RC	215	52
53	0:42:43	HARVEY, Jan	East Essex Triathlon Club	138	53
54	0:42:50	SALMON, Arran	Leigh-on-Sea Striders	72	54
55	0:42:57	BURTON, Tim	Billericay Striders	123	55
56	0:42:59	KING, Chris		259	56
57	0:43:05	RUSSELL, James	Pitsea Running Club	268	57
58	0:43:06	RADCLIFFE, Nigel		207	58
59	0:43:10	READ, Niki		194	59
60	0:43:15	PERRIN, Julie	Southend AC	186	60
61	0:43:29	LEE, Paul		261	61
62	0:43:29	KIDGELL, Helen	Leigh-on-Sea Striders	89	62
63	0:43:31	CATMULL, Paul		235	63
64	0:43:37	GAMMON, Paul	East Essex Triathlon Club	203	64
65	0:43:39	JACKSON, Faith		262	65
66	0:43:43	STANNARD, Annette		269	66
67	0:43:43	STANNARD, Lee		270	67
68	0:43:44	HALLAM, Debbie Lyn	Southend AC	226	68
69	0:43:53	NAYLOR, Kevin		227	69
70	0:43:53	BRIGHT, Gary		39	70
71	0:43:56	TYRIE, James		234	71
72	0:43:57	PEALER, Adrian		20	72
73	0:43:58	ENDERS, Scott		260	73
74	0:44:23	GREEN, Alisha	East Essex Triathlon Club	129	74
75	0:44:23	HEARMON, Paul	East Essex Triathlon Club	272	75
76	0:44:32	KNOWLES, Jacqui	Essex Ladies	104	76
77	0:44:39	COWELL, Benjamin		157	77
78	0:44:39	COWELL, Tony		158	78
79	0:45:00	LEER, Michael	East Essex Triathlon Club	133	79
80	0:45:03	SCOTT, Charlie	Southend AC	173	80
81	0:45:04	MANGHAM, Debra	Leigh-on-Sea Striders	78	81
82	0:45:04	BRADY, Mel		47	82

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83	0:45:05	BAZLEY, Bernard		251	83
84	0:45:16	O'RAWE, Alan	Benfleet RC	119	84
85	0:45:17	JOHNSON, Robert	Benfleet RC	195	85
86	0:45:18	ALEXANDER, Gail	Leigh-on-Sea Striders	109	86
87	0:45:20	TAYLOR, Paul	Benfleet RC	197	87
88	0:45:21	GOWINGS, Luke		174	88
89	0:45:27	STONER, Darren	Thurrock Nomads	90	89
90	0:45:33	MEGGITT, Anna	East Essex Triathlon Club	19	90
91	0:45:35	TALL, Philip		96	91
92	0:45:36	FORWARD, Gary		225	92
93	0:45:36	POINTER, Nigel		223	93
94	0:45:41	IVES, Kevin		85	94
95	0:45:44	EVANS, Clair		202	95
96	0:45:49	MASON, Kirsha	Leigh-on-Sea Striders	95	96
97	0:45:52	RIDDLE, Tony		134	97
98	0:45:56	BRADY, Paul		48	98
99	0:45:57	ENDERS, Shelley	Witham	76	99
100	0:45:57	ENDERS, David	Witham	75	100
101	0:46:02	TANNER, Michelle	Dengie 100 Runners	113	101
102	0:46:06	CUDBY, Paul		7	102
103	0:46:10	CHAPLIN, Peter	Pitsea Running Club	212	103
104	0:46:13	HOYLE, Philip		172	104
105	0:46:18	WOODLEY, John		45	105
106	0:46:20	LEE, Richard	East Essex Triathlon Club	204	106
107	0:46:23	WISKEN, Hayley	Southend AC	116	107
108	0:46:24	WISKEN, Michael	Southend AC	117	108
109	0:46:25	THIRKETTLE, Kellie		240	109
110	0:46:26	MACDONALD, Cheryl	Pitsea Running Club	265	110
111	0:46:29	MCHUGH, Laura	Leigh-on-Sea Striders	193	111
112	0:46:35	WOODLEY, Claire		44	112
113	0:46:48	KIRSH, Neil	East Essex Triathlon Club	146	113
114	0:47:07	WILLIAMS, Marcelle		273	114
115	0:47:08	HUGHES, Karon		171	115
116	0:47:10	NICHOLAS, Stephen	Mid Essex Casuals	46	116
117	0:47:17	CHASE, Joanna		191	117
118	0:47:27	BENSON, Derek		82	118
119	0:47:31	WATERS, Patrick	Castle Point Joggers	200	119
120	0:47:31	TANNER, Peter		62	120
121	0:47:34	BURROWS, Janet	East Essex Triathlon Club	219	121
122	0:47:38	WOODS, Rick		88	122
123	0:47:40	SHEPHERD, Heidi		79	123
124	0:47:41	PYE, Peter		97	124
125	0:47:54	HAMPSHIRE, Susan	Billericay Striders	70	125
126	0:47:56	FLANNIGAN, Teresa	Pitsea Running Club	71	126
127	0:48:19	CHAPMAN, Stewart		256	127
128	0:48:32	COLE, Adele	Leigh-on-Sea Striders	136	128
129	0:48:34	DYSON, Richard		149	129
130	0:48:35	RANDALL, Tommy		199	130
131	0:48:38	GILLMORE, Ricky		275	131
132	0:48:39	CAMMIDGE, Chris	Castle Point Joggers	56	132

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133	0:48:50	BARRY, Christopher	Leigh-on-Sea Striders	142	133
134	0:49:22	REDBURN, Denise	Leigh-on-Sea Striders	30	134
135	0:49:22	DRAKE, Carol	Leigh-on-Sea Striders	49	135
136	0:49:35	VALLELY, Vanessa		38	136
137	0:49:35	BROWN, Kevin		86	137
138	0:49:47	THWAITES, Michelle		166	138
139	0:50:01	NICHOLLS, Julie		145	139
140	0:50:02	HAWKINS, Louise		144	140
141	0:50:04	LAWSON, Stephen	Havering 90 Joggers	69	141
142	0:50:16	CARMICHAEL, Eleanor	Leigh-on-Sea Striders	267	142
143	0:50:21	GLEED, Denise	Essex Ladies	100	143
144	0:50:27	WRIGHT, Amy	East Essex Triathlon Club	18	144
145	0:50:29	CAMMIDGE, Kate	Castle Point Joggers	55	145
146	0:50:34	LIESCHING-SCHRODER, Karen		101	146
147	0:50:34	JACKAMAN, Malcolm		209	147
148	0:50:39	PASSINGHAM, Keith	Pitsea Running Club	34	148
149	0:50:57	HART, Ian		118	149
150	0:51:02	DAVIDSON, Paul		5	150
151	0:51:05	ROWLEY, Victoria	Leigh-on-Sea Striders	236	151
152	0:51:13	KING, Katie	Benfleet RC	180	152
153	0:51:14	JOBE, Sarah	Leigh-on-Sea Striders	83	153
154	0:51:25	HUNT, Aysin	Benfleet RC	54	154
155	0:51:27	HUTCHIN, Katie	Leigh-on-Sea Striders	24	155
156	0:51:32	RIVERS, Lynn	Leigh-on-Sea Striders	228	156
157	0:51:34	EMMETT, Stacey	Benfleet RC	92	157
158	0:51:43	FLANAGAN, Jack		244	158
159	0:51:59	PHILLIPS, Karen		127	159
160	0:52:02	SINCLAIR, Siobhan		125	160
161	0:52:04	JONES, Roy	Castle Point Joggers	218	161
162	0:52:42	BLISS, Tracy	East Essex Triathlon Club	102	162
163	0:52:52	CUMMINS, Caroline Perry	Dagenham 88 Runners	40	163
164	0:52:52	FREWIN, Jacqueline	Dagenham 88 Runners	87	164
165	0:52:52	VEERASAMY, Timi	Dagenham 88 Runners	41	165
166	0:53:28	MAYO, Dave		185	166
167	0:53:32	BAWDEN, Julia		217	167
168	0:53:39	McPHILLIPS, Ellen	Leigh-on-Sea Striders	230	168
169	0:53:41	CORNELIUS, Neil		128	169
170	0:53:43	BARNES, Colin	Leigh-on-Sea Striders	249	170
171	0:53:43	FRANKENBERG, Elisabet	Leigh-on-Sea Striders	250	171
172	0:53:47	WILBY, Anne		255	172
173	0:53:47	HIGGINS, Rachel		50	173
174	0:54:05	POWELL, Scott		59	174
175	0:54:43	STUBBS, Paul		93	175
176	0:54:43	MITROVIC, Chris		276	176
177	0:54:58	SALMON, Cathy	Leigh-on-Sea Striders	73	177
178	0:54:59	HANDS, Hayley		274	178
179	0:55:03	DINES, Lolita		175	179
180	0:55:03	TURNER, Tracy		152	180
181	0:55:19	DAVIDSON, Sarah		6	181
182	0:55:23	BOWMAN, John	Benfleet RC	1	182

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183	0:55:37	MAJOR, Katie		9	183
184	0:55:37	DRAKE, Andy		178	184
185	0:55:45	BRITTAİN, Richard		98	185
186	0:55:47	MIHILL, James	Essex Police	15	186
187	0:55:52	BURROWS, Naomi	Essex Police	16	187
188	0:55:52	MIHILL, Karen	Essex Police	14	188
189	0:55:52	CHALLIS, Mark		187	189
190	0:55:52	METCALFE, William	Basildon	220	190
191	0:56:10	BLUNT, Susan		233	191
192	0:56:25	PHILLIPS, Chris		154	192
193	0:56:46	HARMAN, Jordana		170	193
194	0:56:50	STEDMAN, Jenny		163	194
195	0:57:00	STEDMAN, Eleanor		164	195
196	0:57:20	JONES, Dennis	Pitsea Running Club	155	196
197	0:57:40	WITTE, Laurence		151	197
198	0:57:57	BENNING, Michael		192	198
199	0:58:06	WARRINGTON, Emma		91	199
200	0:58:16	DAY, Daisy	Pitsea Running Club	80	200
201	0:58:17	TRACEY, John	Pitsea Running Club	81	201
202	0:59:30	MORRIS, Mary	Castle Point Joggers	137	202
203	0:59:33	LEPLEY, Karen		140	203
204	0:59:34	HARRIS, Emily		23	204
205	0:59:35	RAWDEN, Doug		188	205
206	0:59:38	SMITH, Phill		184	206
207	0:59:41	MANTHORP, Jorga		241	207
208	0:59:51	PETCHEY, Gary		254	208
209	0:59:56	JACKAMAN, Sarah		237	209
210	0:59:58	ROSIER, Kirste		126	210
211	1:00:02	GROCOTT, Judy		57	211
212	1:00:14	JACKAMAN, Liz		238	212
213	1:00:34	ROBISON, Stacey		99	213
214	1:00:34	FINCH, Amanda	Leigh-on-Sea Striders	110	214
215	1:00:36	MITCHELL, Angie		210	215
216	1:00:38	CERNY, Brenda	Castle Point Joggers	162	216
217	1:00:55	BELL, Nickie		111	217
218	1:00:55	WALTON, Ria	Essex Ladies	107	218
219	1:00:58	BOND, Keeley	Essex Ladies	106	219
220	1:01:00	DONOGHUE, Jane		67	220
221	1:02:05	HEGGIE, Laura		183	221
222	1:02:06	CAIN, Samantha		58	222
223	1:02:06	AGUS, Heather		52	223
224	1:02:06	AGUS, Lee		53	224
225	1:02:06	DE CRISTOFANO, Sarah	Benfleet RC	60	225
226	1:03:22	COLLINS, Melissa		257	226
227	1:03:36	TOMKINS, Fred		17	227
228	1:06:12	BOSTON, Jane		31	228
229	1:06:12	ROSE, Kate		61	229
230	1:06:13	SANDERSON, Liz		32	230
231	1:06:20	TANNER, Nicole		65	231
232	1:06:55	DOBSON, Mark	Leigh-on-Sea Striders	42	232

233	1:06:55	FULLER, Gemma	Leigh-on-Sea Striders	271	233
234	1:07:55	SPENCER, Anna		4	234
235	1:07:56	CUDBY, Caroline		8	235
236	1:08:16	GILLAN, Jessica		64	236
237	1:10:15	PILSWORTH, Sarah		68	237
238	1:10:15	PHILLIPS, Tony	Benfleet RC	277	238

The Kirste 3K Memorial Race

"When it's all over, it's not who you were. It's whether you made a difference."

29th July 2012

Grove Wood Primary School, Grove Road, Rayleigh, SS6 8UA.

UKA Permit Number 2012-104313

3K RESULTS

www.BenfleetRunningClub.com/Kirste

1	310	GRAY, Christian	EETC	10:19	1st Boy
2	344	WRIGHT, Adam	Benfleet		
3	317	GOWARD, Dexter	Benfleet		
4	319	EVISON, Maddie	Basildon AC	15:19	1st Girl
5	339	POINTER, Matthew			
6	343	GOWARD, Maddy	Benfleet		
7	320	THOMPSON-ROE, Tarnia	Benfleet		
8	147	LIASI, Callum			
9	337	HARRIS, Ethan			
10	149	WETHERIDGE, Sophie	Basildon AC		
11	324	ROBINSON, Yasmin	Benfleet		
12	322	ROE, Kyran	Benfleet		
13	313	GOUGH, Chloe	Benfleet		
14	340	MAREGEALZE, Blake	Benfleet		
15	311	HOYLE, James			
16	315	KNIGHT, Harry	Benfleet		
17	331	MCCLLENAGHAN-CARSON, Isabel			
18	153	WILLIAMS, Rhys			
19	?	?			
20	326	DE CRISTOFANO, Isabelle	Benfleet		
21	327	DE CRISTOFANO, Lucia	Benfleet		
22	150	DONOGHUE, Daisy	Benfleet		
23	338	HARRIS, William			
24	332	CARSON, M			

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25	?	?	
26	?	?	
27	?	?	
28	330	BOOTY, Emily	Benfleet
29	316	KNIGHT, Paul	Benfleet
30	307	CLARKE, Jemma	Benfleet
31	148	WETHERIDGE, Katie	Basildon AC
32	349	WETHERIDGE, Mandy	Basildon AC
33	342	PETCHEY, Sadie	
34	306	GALBALLY, Albert	Benfleet
35	309	KIRSH, Matthew	EETC
36	308	KIRSH, Stephen	EETC
37	151	WATKINS, Tom	
38	312	MURPHY, Lucas	
39	314	KNIGHT, Becky	Benfleet
40	345	WADESON, Lucy	Benfleet
41	325	CADMAN, Amy	Benfleet
42	321	ROE, Faron	Benfleet
43	323	LING, Holly	Benfleet
44	303	PATE, Genevieve	Benfleet
45	304	PATE, Anne-Marie	Benfleet
46	346	WADESON, Sam	Benfleet
47	329	BOOTY, Luke	Benfleet
48	328	BOOTY, Heather	Benfleet
49	334	CLARKE, Liam	
50	335	BAMFORD, Brandon	
51	154	JAMES, Ryan	
52	336	CLARKE, Amanda	

?	318	FOWLER, Caitlin	
?	333	HURLEY, Conor	
?	341	BROOKS, Charlotte	EETC
?	347	DEAN, Gary	
?	348	DEAN, Harry	
?	152	WATKINS, George	

dns	302	DESBOROUGH, Georgi	Benfleet
dns	305	GALBALLY, Felicity	Benfleet