

## Kirste 5 - Route Description

### Start - Playing Fields Opposite Grove Wood School ( SS6 8UA )

R - Right L - Left X - Cross SO - Straight On

TR - Turn Right TL - Turn Left

RHS - Right Hand Side LHS - Left Hand Side

( Miles ) FB - Foot Bridge ST - Stile KG - Kissing Gate

START	Enter playing fields via <b>Katherine Close</b> opposite school car park
	TR follow field edge next to gardens - X small Bridge into 2nd field
	TL follow ditch past large tree to 2nd bridge
0,00	<b>Start Line for the Kirste 5 - 2nd Bridge</b>
	Follow ditch on LHS to bottom corner of field
0,05	TR at bottom LH corner of field
0,10	TR at bottom RH corner of field - Follow hedge line on LHS back up field
0,15	TL through gap in hedge by seat
	Run Diagonally L to bottom RH corner of 3rd Playing Field
0,25	X Bridge in RH corner of playing field - SO following large ditch on LHS
0,26	TL across large bridge over ditch
	SO following path between small ditch and fence line
0,35	TR following path along back edge of water works
0,44	X Bridge into wooded area
	Immediately TL to follow path slightly uphill into woods
0,56	At top of woods TL crossing ditch via concrete pipe
	TR follow field edge on RHS to top corner - TR over bridge in top corner
0,76	Run diagonally L over farm track into 2nd field (follow Yellow Waymarker)
	TL follow hedge line on LHS uphill towards Hockley Woods
0,93	Enter Hockley Woods at 'Gills Bench'
	SO over boundary path - SO along wide downhill path into woods
1,16	TR at major path junction with bridleway - Run downhill
1,32	TR onto major path with wooden barrier
	( Approx 30m before major bridleway path junctions )
1,55	Run up path to top of hill - TL off main path by seat (Signpost To Gusted Hall)

	Pass fixed wooden barrier - Follow Main path to end of woods
1,67	Leave woods TR follow field edge - Bear Left following path along field edge
1,83	TR then TL following path past large trees
2,13	Run down dip & up other side - Bear R to run past front of Gusted Hall
	Follow road next to field edge on RHS
2,32	TR approx 50m before gate - Run downhill thro trees back to field
	TL follow field edge running downhill next to woods on LHS
2,51	TL through gap in hedge at bottom of woods
	SO along bottom of woods on LHS
2,62	TR downhill on major path
2,75	At bottom of Hill TL over wooden bridge to enter Country Park
	SO next to ditch on LHS - Run along edge of Lake on RHS
3,19	TR run around far end of lake
	TL leaving lake edge after life buoy. Head Left to top LH corner of field
3,25	TR follow hedge line at top of field to gate - SO thro gate onto bridle path
3,65	Bear Right along Bridleway to end ( 'You Are Here' Sign ) - Bear L at path
3,72	Follow 'S' bend for 30m - TR off main path into plantation area
	Bear immediately L then X path into open field with tree plantation on LHS
	SO following edge of tree planting to far end of field
4,10	Bear L at end of field - TR into New England Wood
	Immediately Bear Right follow edge of wood slightly downhill
4,20	TL following ditch on RHS along bottom edge of wood
4,41	X over low bridge into Grove Wood
	Bear Slightly R - Then SO following path thro woods
	X over low bridges along path as you go
4,73	X concrete road - Bear diagonally L along path
4,80	X un-made Road - TR along path parallel to road & car park
4,87	At end of Path TR the immediately TL onto Grove Road
4,99	Follow road to 1st School entrance
5,00	TL into school - Run thro Green Gates
	Run SO thro' playground - Run SO into rear playing field
5,06	TR to finish in playing field.

**Note : No Access To School Grounds Except On Race Day**