

# The Kirste 5 Memorial Race 2017 est. 2012

A Community Race, supported by Kirste's friends family with the help of local Clubs and running groups.

## Full Results for 5 Mile Main Race Sunday 23rd July 2017

POSITION			RACE NUMBER	TIME		
1	Chris	Hatton	261	00:29:57	Male	Southend AC
2	Mark	Waller	464	00:30:11	Male	
3	Matibini	Matibini	334	00:30:29	Male	Leigh on Sea Striders
4	Eddy	Cooper	303	00:31:22	Male	Benfleet Running Club
5	Graham	Booty	387	00:31:53	Male	Benfleet Running Club
6	Ben	Molloy	284	00:32:03	Male	Leigh on Sea Striders
7	Chris	McClay	373	00:32:36	Male	Leigh on Sea Striders
8	Mr	Spicer	77	00:33:02	Male	Leigh on Sea Striders
9	Jack	Beal	358	00:33:14	Male	
10	Elliott	Cone	8	00:33:44	Male	Leigh on Sea Striders
11	Danny	Flint	88	00:33:51	Male	Leigh on Sea Striders
12	Richard	Moore	135	00:34:13	Male	Castle Point Joggers
13	Matthew	Barrett	16	00:34:18	Male	Leigh on Sea Striders
14	Ash	Smith	322	00:34:20	Male	Rayleigh RAT Runners
15	Chris	Parker	318	00:34:22	Male	
16	Steve	Churchyard	179	00:34:31	Male	Flyers Southend
17	Sean	Waller	465	00:34:34	Male	Flyers Southend
18	Luke	Townley	182	00:34:34	Male	
19	Stephen	Kirsh	96	00:34:55	Male	
20	James	Burns	315	00:34:55	Male	Leigh on Sea Striders
21	Joseph	Griffin	308	00:35:08	Male	
22	Ben	Wood	80	00:35:14	Male	Leigh on Sea Striders
23	Alex	Childs	59	00:35:38	Male	Flyers Southend
24	Andrea	Hughes	219	00:35:57	Female	Leigh on Sea Striders
25	Samantha	Pickett	9	00:36:22	Female	Leigh on Sea Striders
26	Andrew	Saunders	370	00:36:42	Male	Leigh on Sea Striders
27	Adam	Poulton	119	00:36:46	Male	Castle Point Joggers
28	Adison	Poulton	477	00:36:47	Male	Castle Point Joggers
29	John	Sweeney	128	00:36:56	Male	Castle Point Joggers
30	Lee	Hazelwood	454	00:37:10	Male	Phoenix Striders
31	David	Burke	484	00:37:22	Male	
32	Cliff	King	123	00:37:23	Male	Castle Point Joggers
33	Keelan	Mathers	294	00:37:43	Male	

POSITION			RACE NUMBER	TIME		
34	SIMON	wagstaff	348	00:37:46	Male	Rayleigh RAT Runners
35	Colin	Dunn	124	00:37:48	Male	Castle Point Joggers
36	Rick	Wade	298	00:37:49	Male	Castle Point Joggers
37	Jason	Mitchell	160	00:37:56	Male	Flyers Southend
38	Stephen	Taylor	112	00:38:00	Male	Orion Harriers
39	Bruce	Gander	206	00:38:02	Male	East Essex Tri
40	Thomas	Webb	364	00:38:06	Male	
41	Steve	Cooper	158	00:38:09	Male	Rayleigh RAT Runners
42	Lloyd	Richardson	68	00:38:14	Male	Flyers Southend
43	Scott	Thrush	476	00:38:16	Male	Leigh on Sea Striders
44	Simon	Carrington	238	00:38:18	Male	South Woodham Runners
45	Peter	Kerr	273	00:38:24	Male	Leigh on Sea Striders
46	Mick	Brown	461	00:38:26	Male	Daganham 88
47	Charlotte	Gregory	175	00:38:26	Female	Leigh on Sea Striders
48	James	Tyrie	251	00:38:29	Male	
49	Niki	Read	75	00:38:31	Male	Leigh on Sea Striders
50	Phil	Priest	63	00:38:32	Male	City of London Ravens Running Club
51	Kasia	Kostyrka-Allchorne	107	00:38:50	Female	Southend AC
52	Anthony	Scarfe	174	00:39:03	Male	
53	David	McMasters	2	00:39:04	Male	Leigh on Sea Striders
54	Rhiannon	Quinn	336	00:39:11	Female	
55	Ian	Tatman	12	00:39:17	Male	Leigh on Sea Striders
56	James	Price	4	00:39:22	Male	Phoenix Striders
57	Steven	Healey	311	00:39:24	Male	Phoenix Striders
58	Adrian	Rickard	199	00:39:25	Male	
59	David	Dutton	116	00:39:39	Male	Rochford Running Club
60	Wayne	Smith	339	00:39:49	Male	Leigh on Sea Striders
61	Neal	Clark	469	00:39:55	Male	
62	Vanessa	Mathers	293	00:39:58	Female	Southend AC
63	Marc	Downham	87	00:40:00	Male	Leigh on Sea Striders
64	Jim	Edwards	262	00:40:02	Male	
65	Chrissy	Murray	236	00:40:03	Female	
66	Mark	Harding	98	00:40:04	Male	Rochford Running Club
67	Mike	Hopkins	133	00:40:13	Male	Castle Point Joggers
68	Christopher	Sewell	113	00:40:17	Male	Springfield Strders RC
69	Ian	Rowley	163	00:40:22	Male	
70	Jemma	Lee	17	00:40:32	Female	Leigh on Sea Striders
71	Scott	Macmahon	35	00:40:33	Male	
72	Neil	Cornelius	5	00:40:35	Male	Hockley Trail Runners

POSITION			RACE NUMBER	TIME		
73	Nathan	Thornton	463	00:40:47	Male	Flyers Southend
74	Daniel	Beverley	279	00:40:48	Male	Hockley Trail Runners
75	Sue	Cribbs	297	00:40:53	Female	Southend AC
76	Neal	Marlow	310	00:40:53	Male	Leigh on Sea Striders
77	Fiona	Walker	270	00:40:55	Female	Leigh on Sea Striders
78	Anne	Hoeb	120	00:40:56	Female	Castle Point Joggers
79	Joanne	Colby	397	00:41:01	Female	Rochford Running Club
80	Christina	Edwards	122	00:41:09	Female	Castle Point Joggers
81	Collette	Frampton	56	00:41:12	Female	Flyers Southend
82	Adam	Stow	459	00:41:12	Male	Phoenix Striders
83	Michael	Haylett	86	00:41:16	Male	Leigh on Sea Striders
84	Alan	Cooke	207	00:41:19	Male	
85	Tina	Reeve	154	00:41:22	Female	Leigh on Sea Striders
86	Adrian	Mathers	292	00:41:26	Male	Hockley Trail Runners
87	John	Colby	398	00:41:39	Male	Rochford Running Club
88	Darren	Sharod	249	00:41:47	Male	
89	Michael	Stevens	287	00:41:49	Male	
90	Kristina	Read	452	00:42:04	Female	Phoenix Striders
91	Martin	Orford	451	00:42:05	Male	Phoenix Striders
92	Gail	Alexander	90	00:42:12	Female	Leigh on Sea Striders
93	Conor	McGovern	376	00:42:20	Male	
94	Dawn	Foster	33	00:42:24	Female	Leigh on Sea Striders
95	Keith	Makinson	27	00:42:26	Male	East Essex Tri
96	Simon	Panther	173	00:42:41	Male	
97	Andy	Debnam	211	00:42:47	Male	Castle point joggers
98	Kevin	Victory	131	00:42:47	Male	Castle Point Joggers
99	Kim	Holland	360	00:42:47	Female	Leigh on Sea Striders
100	Elisha	Letley	91	00:42:48	Female	Leigh on Sea Striders
101	Frankie	Whitby	385	00:42:48	Female	Essex Ladies Running Club
102	Mark	Davies	409	00:42:51	Male	
103	Katherine	Goodchild	157	00:42:57	Female	
104	Mark	Day	190	00:42:59	Male	
105	Maurice	Tomline	259	00:43:01	Male	
106	Mike	Hayward	192	00:43:04	Male	Castle Point Joggers
107	Colin	Murdoch	104	00:43:15	Male	
108	Ian	Hart	25	00:43:20	Male	Castle point joggers
109	Barrie	Jones	218	00:43:22	Male	Flyers Southend
110	Roxanne	George	375	00:43:35	Female	Leigh on Sea Striders
111	Johnny	Lau	115	00:43:54	Male	Leigh on Sea Striders

POSITION			RACE NUMBER	TIME		
112	John	King	367	00:44:08	Male	Hockley Trail Runners
113	James	Austin	302	00:44:33	Male	Castle point joggers
114	Ben	Kinder	390	00:44:37	Male	Fittology
115	Debbie	Keene	329	00:44:54	Female	
116	Tracey	Bradley	139	00:44:58	Female	Castle Point Joggers
117	Scott	Mangham	215	00:44:58	Male	Leigh on Sea Striders
118	Andrew	Pinnion	330	00:45:00	Male	Leigh on Sea Striders
119	Rory	Stone	136	00:45:04	Male	Castle Point Joggers
120	Debi	Mitchell	76	00:45:06	Female	Leigh on Sea Striders
121	Paul	Varker	353	00:45:11	Male	Castle point joggers
122	David	Major	346	00:45:13	Male	Phoenix Striders
123	Jon	Strutt	362	00:45:16	Male	
124	Heidi	Nevin	474	00:45:20	Female	
125	Caroline	Connor	150	00:45:26	Female	
126	Steve	Hall	143	00:45:27	Male	
127	Anna	Luff	114	00:45:30	Female	Springfield Strders RC
128	Chris	McDonnell	241	00:45:34	Male	Dengie 100 Runners
129	Hannah	Taylor	178	00:45:40	Female	
130	Neil	Wilson	209	00:45:46	Male	
131	Ryan	Gillard	101	00:45:47	Male	Leigh on Sea Striders
132	Mark	Norton	69	00:45:48	Male	Leigh on Sea Striders
133	James	Griffths	79	00:45:50	Male	Leigh on Sea Striders
134	Amanda	Finch	81	00:45:53	Female	Leigh on Sea Striders
135	Linda	Dutton	117	00:45:55	Female	Rochford Running Club
136	Angela	Benfield	475	00:45:57	Female	
137	Sean	Parker	317	00:46:02	Male	
138	Robert	Johnson	483	00:46:02	Male	
139	Lisa	Westwick	100	00:46:04	Female	Leigh on Sea Striders
140	Kevin	Caldon	185	00:46:08	Male	
141	Debbielyn	Hallam	70	00:46:10	Female	Southend AC
142	Diane	Beaver	404	00:46:15	Female	
143	Debbie	Dunn	125	00:46:34	Female	Castle Point Joggers
144	Kairen	Hart	129	00:46:34	Female	Castle Point Joggers
145	William	Holman	479	00:46:37	Male	
146	Abigail	Oliver	200	00:46:48	Female	
147	Peter	Argall	171	00:46:49	Male	Dengie 100 runners
148	Josanne	Ell	245	00:47:00	Female	
149	Steve	Geddes	244	00:47:03	Male	
150	Dean	Cain	34	00:47:04	Male	

POSITION			RACE NUMBER	TIME		
151	Mark	Callan	344	00:47:05	Male	
152	Gareth	Smith	126	00:47:14	Male	Castle Point Joggers
153	Rachel	Geary	169	00:47:21	Female	Leigh on Sea Striders
154	Paul	Stranks	204	00:47:23	Male	
155	Rachael	Thornton	462	00:47:23	Female	Flyers Southend
156	James	Webb	359	00:47:34	Male	
157	Rachel	Scott Yates	156	00:47:49	Female	Rochford Running Club
158	Martina	Koukalova	189	00:47:55	Female	
159	John	Robertson	338	00:48:03	Male	Benfleet Running Club
160	Lauren	Buckle	250	00:48:06	Female	
161	Melanie	Carrington	239	00:48:08	Female	South Woodham Runners
162	Jo	Harding	99	00:48:11	Female	Rochford Running Club
163	Paul	Ackers	400	00:48:12	Male	Rochford Running Club
164	Anthony	Knight	460	00:48:14	Male	Tiptree Road Runners
165	Deborah	Robertson	337	00:48:17	Female	Benfleet Running Club
166	Tina	Victory	138	00:48:30	Female	Castle Point Joggers
167	Juliet	Milne	201	00:48:30	Female	
168	Lee	Allen	396	00:48:42	Male	Benfleet Running Club
169	Cheryl	Macdonald	269	00:48:45	Female	Pitsea Running Club
170	Carol	Hardy	229	00:48:47	Female	Castle Point Joggers
171	Ivor	Waldney	213	00:48:49	Male	
172	Zoe	Randall	264	00:48:50	Female	Zoe Randall
173	Ty	Mckeown	191	00:48:51	Male	Rayleigh RAT Runners
174	Claire	Dowden	183	00:48:54	Female	
175	George	Goodchild	168	00:49:03	Male	
176	Chatenya	Chauhan	147	00:49:12	Male	Flyers Southend
177	Laura	McHugh	74	00:49:18	Female	Leigh on Sea Striders
178	Jenni	Paterson	83	00:49:19	Female	Leigh on Sea Striders
179	Tim	Ketterer	89	00:49:23	Male	Leigh on Sea Striders
180	Debbie	Pattison	382	00:49:26	Female	Rochford Running Club
181	Robert	Higgon	228	00:49:27	Male	Castle Point Joggers
182	Jo-Anne	Hall	105	00:49:33	Female	Leigh on Sea Striders
183	Zoe	Storrar	365	00:49:39	Female	Leigh on Sea Striders
184	Patrick	Waters	341	00:49:48	Male	Castle Point Joggers
185	Marion	Breeze	248	00:49:56	Female	Pitsea Running Club
186	Carly	Montero	43	00:50:02	Female	
187	Chris	Cambridge	121	00:50:03	Male	Castle Point Joggers
188	Jo	Restall	379	00:50:18	Female	Rayleigh RAT Runners
189	Barbara	McDonnell	240	00:50:23	Female	Dengie 100 Runners

POSITION			RACE NUMBER	TIME		
190	Kevin	Massey	18	00:50:25	Male	Benfleet Running Club
191	Lorraine	Heal	14	00:50:27	Female	Castle Point Joggers
192	Kerry	Wenborn	225	00:50:28	Female	Castle Point Joggers
193	Matt	Byford	482	00:50:28	Male	Rayleigh RAT Runners
194	Lynn	Rivers	106	00:50:33	Female	Leigh on Sea Striders
195	Andrzej	Gajbutowicz	230	00:50:46	Male	Victoria Park H & THAC
196	Paul	Smith	181	00:50:47	Male	
197	Chris	Smith	180	00:50:48	Male	
198	Angela	Smith	480	00:50:49	Female	Pistea Running Club
199	Teresa	Pearmain	456	00:50:49	Female	Southend AC
200	Keely	Sinclair	258	00:51:00	Female	Rochford Running Club
201	Susan	Meredith	257	00:51:01	Female	Rochford Running Club
202	Lisa	Allix	272	00:51:06	Female	Southend AC
203	Leilah	McClay	374	00:51:25	Female	Leigh on Sea Striders
204	Christine	Callan	343	00:51:31	Female	
205	Lucy	Robinson	256	00:51:37	Female	Thurrock Nomads
206	Claire	Downham	299	00:51:51	Female	Leigh on Sea Striders
207	Liam	Robinson	325	00:52:01	Male	
208	Tracy	Rodd	384	00:52:02	Female	JBR Run &Tri Club
209	Ian	Caldwell	281	00:52:13	Male	Benfleet Running Club
210	Phil	Ransom	134	00:52:15	Male	Castle Point Joggers
211	Dawn	Haylett	85	00:52:27	Female	Leigh on Sea Striders
212	Clare	Baxter	312	00:52:39	Female	
213	David	Davison	369	00:52:44	Male	Pitsea Running Club
214	Ellen	McPhillips	283	00:52:49	Female	Leigh on Sea Striders
215	Sharon	Wiltshire	52	00:52:50	Female	Rochford Running Club
216	Jan	Steed	127	00:53:02	Female	Castle Point Joggers
217	Stacey	Robison	165	00:53:06	Female	Flyers Southend
218	Joy	Leader	394	00:53:07	Female	Phoenix Striders
219	John	Wilkinson	275	00:53:07	Male	Phoenix Striders
220	charmaine	marks	289	00:53:15	Female	Hockley Trail Runners
221	Jade	Britton	290	00:53:17	Female	Hockley Trail Runners
222	kresh	veerasamy	291	00:53:18	Male	Barking Road Runners
223	Catherine	Patterson	95	00:53:26	Female	Leigh on Sea Striders
224	Claire	Bissett	453	00:53:26	Female	Flyers Southend
225	Richard	Stokes	164	00:53:27	Male	
226	Danny	McIntyre	202	00:53:28	Male	Southend AC
227	Lisa	Garner	378	00:53:46	Female	Phoenix Striders
228	Dee	Meech	247	00:53:47	Female	Fittology

POSITION			RACE NUMBER	TIME		
229	Claire	Panther	172	00:53:49	Female	
230	Debbie	Priest	61	00:53:54	Female	Leigh on Sea Striders
231	Maria	Wood	78	00:53:54	Female	Leigh on Sea Striders
232	Emma	Warrington	13	00:53:57	Female	
233	Graham	Bardell	176	00:54:06	Male	JBR Run &Tri Club
234	Brian	Venton	253	00:54:11	Male	Benfleet Running Club
235	Samantha	Venton	252	00:54:11	Female	Benfleet Running Club
236	Andy	Smith	306	00:54:12	Male	Hockley Trail Runners
237	Sophie	Waite	288	00:54:14	Female	
238	Christopher	King	473	00:54:18	Male	
239	Nila	Chauhan	146	00:54:22	Female	Flyers Southend
240	Aran	Gibbs	301	00:54:26	Male	Flyers Southend
241	Julie	Burns	276	00:54:34	Female	
242	Michelle	Lee	296	00:54:48	Female	Flyers Southend
243	Terri	Walrord	467	00:54:49	Female	
244	Tim	Watts	268	00:54:50	Male	Fitbugs
245	helen	baker	366	00:54:56	Female	Hockley Trail Runners
246	Roy	Jones	118	00:54:59	Male	Castle Point Joggers
247	Katherine	Wilcock	224	00:55:01	Female	Rochford Running Club
248	Neil	Kay	186	00:55:21	Male	Rochford Running Club
249	Georgina	McMasters	1	00:55:33	Female	Leigh on Sea Striders
250	Natalie	Lewis	170	00:55:34	Female	Leigh on Sea Striders
251	Philip	Fletcher	402	00:55:41	Male	JBR Run &Tri Club
252	Charlotte	Bell	282	00:55:45	Female	
253	Laura	Cheek	242	00:55:46	Female	
254	Anne	Jenkinson	286	00:55:47	Female	Southend AC
255	Sarah	Barnicoat	195	00:55:47	Female	Southend AC
256	Maria	Mcqueenie	391	00:56:08	Female	Phoenix Striders
257	Gary	Miller	340	00:56:09	Male	
258	Matthew	Sutton	73	00:56:11	Male	Leigh on Sea Striders
259	Sarah	Makinson	28	00:56:12	Female	Horseley Ladies
260	Nickie	Bell	44	00:56:29	Female	
261	Laura	Carey	45	00:56:29	Female	
262	Lisa	Fuller	395	00:56:45	Female	Tail Runners
263	Heather	Impey	295	00:56:47	Female	Phoenix Striders
264	David	Russell	7	00:57:02	Female	Southend AC
265	Micheal	Crudginton	93	00:57:06	Male	Flyers Southend
266	Laura	Pottle	407	00:57:32	Female	Rochford Running Club
267	Terry	Robison	159	00:57:34	Female	

POSITION			RACE NUMBER	TIME		
268	Kerry	Riley	335	00:57:48	Female	Rochford Running Club
269	Catherine	Conway	141	00:57:56	Female	
270	Lisa	Wilson	208	00:57:59	Female	
271	Deborah	Park	151	00:58:02	Female	Rochford Running Club
272	John	Rickard	203	00:58:03	Male	
273	Jo	Fenn	24	00:58:20	Female	Essex Ladies Running Club
274	Susan	Vine	354	00:58:38	Female	Phoenix Striders
275	Samantha	Perry	19	00:59:00	Female	Flyers Southend
276	Kate	Cambridge	130	00:59:12	Female	Castle Point Joggers
277	Laura	Avery	226	00:59:12	Female	Castle Point Joggers
278	Janette	Reed	22	00:59:19	Female	Essex Ladies Running Club
279	Bev	Booth	21	00:59:26	Female	Essex Ladies Running Club
280	Tokumbo	James	193	00:59:28	Male	Flyers Southend
281	Nicola	Hembling	393	00:59:29	Female	
282	Deana	James	149	00:59:30	Female	Flyers Southend
283	Yvonne	Francis	263	00:59:30	Female	Flyers Southend
284	Mark	Hembling	392	00:59:31	Male	
285	Sally	Clarke	389	00:59:31	Female	Southend Flyers
286	Vicki	Tracy	10	00:59:57	Female	Flyers Southend
287	Jenny	Marston	223	01:00:04	Female	Rochford Running Club
288	Caroline	Connor	150	01:00:04	Female	
289	Nicola	Crawley	481	01:00:07	Female	
290	Anna	McCarthy	361	01:00:11	Female	Flyers Southend
291	Sarah	Duggans	363	01:00:12	Female	
292	Natalie	Geary	237	01:00:34	Female	Rochford Running Club
293	Tracy	Hooper	194	01:00:34	Female	Rochford Running Club
294	Paul	Agastina	46	01:00:44	Male	Phoenix Striders
295	Jo	Pearce	405	01:00:44	Female	
296	Robert	Vinicombe	468	01:00:45	Male	Phoenix Striders
297	Katie	Exon	235	01:00:55	Female	Ashford Run Together
298	Jane	Dorrington	50	01:00:56	Female	Rochford Running Club
299	Keith	Dorrington	51	01:00:56	Male	Rochford Running Club
300	Andrea	Cox	231	01:00:56	Female	
301	Nicola	Walter	278	01:00:58	Female	
302	Claire	Rainbird	246	01:01:13	Female	
303	Sergio	Barbeitos	167	01:01:14	Male	
304	Darren	Maynard	319	01:01:15	Male	Southend AC
305	Pam	Murdoch	103	01:01:29	Female	
306	Karen	Batt	332	01:01:47	Female	



POSITION			RACE NUMBER	TIME		
307	Ali	Hayward	36	01:01:48	Female	Flyers Southend
308	Miranda	Tuffin	155	01:01:49	Female	Essex Ladies Running Club
309	Cathy	Eve	184	01:01:52	Female	Castle Point Joggers
310	Aaron	Patrick	352	01:01:53	Male	
311	Alan	Matthews-Smith	309	01:01:58	Male	
312	Caitlin	Hall	102	01:02:08	Female	Leigh on Sea Striders
313	Natalie	Farmer	347	01:02:18	Female	
314	Elaine	Major	345	01:02:23	Female	Phoenix Striders
315	Louise	Kingsley	371	01:02:24	Female	Flyers Southend
316	Andrew	Chaplin	380	01:02:24	Male	Pitsea Running Club
317	Nigel	Pointer	372	01:02:25	Male	Pitsea Running Club
318	Vicky	Jackson	485	01:02:40	Female	
319	Stefan	Edmeades	220	01:02:42	Male	Rochford Running Club
320	Shelley	Edmeades	221	01:02:43	Female	Rochford Running Club
321	Janine	Graham	42	01:02:44	Female	
322	Claire	Simpson	450	01:03:04	Female	
323	Janet	Simpson	386	01:03:05	Female	Phoenix Striders
324	Lisa	Mott	368	01:03:10	Female	Essex Ladies Running Club
325	Zoe	Sullivan	37	01:03:10	Female	
326	Dee	Meech	247	01:03:27	Female	Fittology
327	Katie	Darby	383	01:03:27	Female	Fittology
328	Thomas	Parker	307	01:03:28	Male	
329	Michelle	Scholtka	271	01:03:31	Female	SAC Beginners Group
330	Anna	Smith	321	01:03:43	Female	Rayleigh RAT Runners
331	Elizabeth	Parsley	148	01:03:49	Female	
332	Emily	Golding	285	01:03:50	Female	Leigh on Sea Striders
333	Caroline	Malik	408	01:04:11	Female	Southend AC
334	Sally	Newman-Russell	6	01:04:11	Female	Southend AC
335	Ian	Glover	217	01:04:11	Male	Southend AC
336	Erika	Goddard	92	01:05:02	Female	Flyers Southend
337	Michelle	Holman	455	01:05:15	Female	Phoenix Striders
338	Marnie	Bowling	152	01:05:20	Female	Rochford Running Club
339	Karley	Burchell	153	01:05:20	Female	Rochford Running Club
340	Faye	Lowe	197	01:05:34	Female	
341	Chris	Lowe	198	01:05:35	Male	
342	Jane	Haycock	38	01:06:07	Female	
343	Catherine	Bearwish	222	01:06:31	Female	Rochford Running Club
344	Leigh	Shelley	145	01:06:31	Female	Rochford Running Club
345	Emily	Woodham	327	01:06:53	Female	

POSITION			RACE NUMBER	TIME		
346	Helen	Pepper	323	01:07:02	Female	Michelle's Running Group
347	Jane	Roach	324	01:07:02	Female	Michelle's Running Group
348	michelle	Edney	326	01:07:03	Female	
349	Debby	Ferguson	64	01:07:05	Female	Flyers Southend
350	Angela	Cowell	11	01:07:05	Female	Flyers Southend
351	Jessica	Baker	355	01:07:11	Female	Kingswood Running Club
352	Nadine	Langham	403	01:07:39	Female	Kingswood Running Club
353	Scott	Roche	233	01:08:07	Male	Rochford Running Club
354	Jemma	Crookes	466	01:08:09	Female	
355	Brian	Green	20	01:08:23	Male	
356	Dawn	Harvey	399	01:08:26	Female	Castle Point Joggers
357	Lynsey	Pike-green	305	01:08:28	Female	
358	Emma	Kelly	210	01:08:32	Female	
359	Kelly	Baker	331	01:09:30	Female	Rochford Running Club
360	Victoria	Walker	458	01:09:30	Female	Fittology
361	Emily	Luff	266	01:09:43	Female	
362	Paulette	Luff	267	01:09:43	Female	
363	Andrew	Saveall	109	01:10:59	Male	Fittology
364	Andrea	Patrick	351	01:10:59	Female	Fittology
365	Heidi	Webb	350	01:11:00	Female	Fittology
366	Tracy	Woodham	328	01:11:22	Female	
367	Eleanor	King	472	01:12:48	Female	
368	Jen	Stedman	471	01:12:49	Female	
369	Dawn	Mirchell-Silk	94	01:12:49	Female	
370	Morgan	Reddish	280	01:12:50	Male	Benfleet Running Club
371	Lucy	Barrs	47	01:12:51	Female	
372	Emma	Jackson	470	01:13:04	Female	Flyers Southend
373	Paula	Young	478	01:13:04	Female	Flyers Southend
374	Michelle	Weeks	314	01:15:15	Female	
375	Sarah	Jackaman	177	01:17:45	Female	Castle Point Joggers
376	Ceri	Baker	406	01:17:50	Female	
377	Claire	Kilcoyne	187	01:18:56	Female	Rochford Running Club
378	Kim	Molineaux	357	01:18:56	Female	Rochford Running Club
379	Carla	Farrant	333	01:19:36	Female	Hadleigh Allsorts
380	Kelly	Sherwin	349	01:19:36	Female	
381	Dawn	Sargent	66	01:21:27	Female	
382	Kay	Vicary	60	01:21:28	Female	Flyers Southend
383	Diane	Treadwell	65	01:21:29	Female	Flyers Southend
384	Vicci	Macgregor	62	01:21:29	Female	Flyers Southend

POSITION			RACE NUMBER	TIME		
385	Sarah	Colby	381	01:21:29	Female	Flyers Southend
386	Debby	Ferguson	64	01:21:30	Female	Flyers Southend
387	Kathy	Shore	57	01:21:30	Female	Flyers Southend
388	Sherry	Fuller	196	01:21:31	Female	Flyers Southend
389	Eleanor	Clarke	142	01:21:31	Female	
390	Val	Taylor	162	01:21:32	Female	Flyers Southend
391	Peter	Freeman	72	01:21:32	Male	Flyers Southend
392	Georgia	Clow	30	01:24:15	Female	HorseY Ladies
393	Carol	Perry	31	01:24:16	Female	HorseY Ladies
394	Yvonne	Clow	29	01:24:51	Female	HorseY Ladies
395	Sandra	Scott	32	01:24:51	Female	HorseY Ladies
396	Sandra	Stamp	232	01:25:27	Female	Flyers Southend
397	Lin	Taylor	161	01:25:28	Female	Flyers Southend
398	Sharon	Maker	234	01:25:28	Female	Flyers Southend
399	Jason	Goodman	111	01:25:45	Male	
400	Miriam	Faulkner	356	01:25:45	Female	
401	Sarah	Vickery	320	01:25:45	Female	Rayleigh RAT Runners (Tail Runner)

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